

## **Bridling the Tongue**

James 1:26	
1.	Pause Proverbs 21:23; Proverbs 10:19; Proverbs 17:27–28; Proverbs 18:13; James 1:19
2.	<b>Ponder</b> Proverbs 23:7; Luke 2:19, 35; Luke 9:47; Matthew 9:4; Matthew 15:19; Hebrews 4:12
3.	Pray Isaiah 6:1–8
Wh	at is the Holy Spirit saying to me through this message?

All scripture is from the New King James Version.