

# COMFORT FOOD

*Josh Morris*

**1. Where do we go? To God**

*Isaiah 1:2-3; Isaiah 31:1*

---

---

---

---

---

---

**2. Why do we go? His strength**

*Isaiah 51:12, 13, 15, 16*

---

---

---

---

---

---

**3. How do we go? Repent**

*Isaiah 40:1-2*

---

---

---

---

---

---

*What is the Holy Spirit saying to me through this message?*

---

---

---

---

---

---