



Divine Health

Focus Divine health is a benefit given to us from God by grace through faith.

Fun Display a pair of “ruby-red slippers.” As members arrive, have each person write his or her name on a piece of paper, fold it up and drop it in one of the shoes.

Review Key Scriptures: Psalm 103:1–3; Isaiah 33:24; Isaiah 53:5; 1 Peter 2:24; Isaiah 53:4; Matthew 8:16–17; Exodus 15:26; Ephesians 2:8–9; Luke 5:23–24; Philippians 1:20

Divine forgiveness is the first benefit given to us by God—it’s His grace toward us. As we continue exploring Psalm 103, the second benefit given to us by God is divine health. We receive this gift the same way we receive divine forgiveness—by grace through faith. Some say healing does not exist anymore, but the Bible shows us there’s actually a pattern in Scripture where forgiveness and healing are in the same verses; God forgives all iniquities and heals all diseases. But, if God still heals all sicknesses, then why do they still occur? To help us understand that while God heals, believers still sometimes get sick, we’ll ask and answer three tough questions:

Why ... If God still heals, then why am I not healed? Why did she get sick? Why do kids have cancer, etc. The answer is that Jesus bore the penalty, power and presence of sin and sickness. We have been saved from the penalty of sin; we are being saved from the power of sin; and we will be saved from the presence of sin. Sin is still present in the world, so even believers are affected by its consequences sometimes.

How ... How do we receive healing? The answer is by grace through faith. Healing is a gift from God that doesn’t come by works or through simply just believing with great faith. Health and healing are given to us by God’s grace.

What if ... If God still heals, then what if I’m not healed? What if my mother dies, etc? The answer is to trust God anyways. The Bible says, “Christ will be magnified in my body, whether by life or by death.” (Philippians 1:20)

Group Dynamics Idea At the end of the meeting, draw a name and have the person whose name is drawn put on the “ruby-red slippers,” click his/her heels, and say “there’s no place like home.” Repeat this two or three times. No matter how much work you put into clicking your heels or faith you put into the words “there is no place like home,” you won’t be spontaneously transported to your house.

- Discuss**
1. God will never punish you for your sins because He already punished Jesus on the cross. Is there a certain sin in your life that you’re punishing yourself for?
 2. Grace is a gift—a benefit—given to you by God through Whom you receive healing and health. What are some practical ways you can be a good steward of the grace you receive?
 3. Forgiveness and health are given to us as gifts from God that He offers by His grace, not something we can work hard enough to earn. Are you emphasizing works and/or faith more than God’s grace for things in your life?
 4. God has the power to not only heal our sicknesses and diseases, but also to heal any area of our life where we feel broken. Is there any area of your life where you need a healing touch from God?
 5. It’s encouraging to others to hear about God’s healing power. Do you have a testimony of God’s healing power in your life you can share with the group?

Take Home As we conclude, remember the following:

- By the stripes of Jesus, we are healed.
- Jesus took the penalty of sin and sickness; God isn’t punishing you.
- The same God who forgives our sins also heals our diseases.

Pray Father, thank You for Your grace. Thank You that by the stripes of Your Son, we are healed. Thank You for giving Your son to pay the penalty of sin and sickness. In Jesus’ name, Amen.

New Leader Tip Set aside some time at the end of the meeting to pray for anyone that would like to receive healing. Remind the group that prayer for healing is offered by the healing ministry team at the NRH Campus every Monday night at 7:00 pm.